

S.No.	Name	Capital	Largest cities & Towns	Established	Population (2012)	Total area km	Total area mi
1	Mashonaland Central	Bindura	Bindura	1983	1152520	28347	10945
2	Bulawayo	Bulawayo	Bulawayo	1997	1200337	900	347
3	Mashonaland West	Chinhoyi	Kadoma	1983	1501656	57441	22178
4	Matabeleland South	Gwanda	Beitbridge	1973	683893	54172	20916
5	Midlands	Gweru	Gweru		1614941	49166	18983
6	Harare	Harare	Harare	1997	2123132	872	337
7	Matabeleland North	Lupane	Victoria Falls	1973	749017	75025	28967
8	Mashonaland East	Marondera	Marondera		1344955	12444	7732
9	Masvingo	Masvingo	Masvingo		1485090	56566	21840
10	Manicaland	Mutare	Mutare	1897	1752698	36459	14077

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