

S.No.	Province	Capital	Population (2018)	Area (km)	Density (people/km)	Districts
1	Muchinga	Chinsali	1,011,655	70,405	11.5	8
2	Eastern	Chipata	1,961,269	98,877	38.1	15
3	Southern	Choma	1,852,361	68,410	27.1	15
4	Central	Kabwe	1,743,999	110,450	15.8	11
5	Northern	Kasama	1,430,543	77,650	18.4	12
6	Lusaka	Lusaka	3,186,336	23,490	135.6	6
7	Luapula	Mansa	1,215,294	50,567	24.0	12
8	Western	Mongu	1,041,500	126,386	8.2	16
9	Copperbelt	Ndola	2,642,132	31,328	81.2	10
10	North-Western	Solwezi	902,631	125,826	7.2	11

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