

S.No.	Name	Capital	Area (km)	Population (2023 census)	Population density	ISO
1	Xaisomboun province	Anouvong District (Anouvong)	4506	98000	19	LA-XS
2	Bokeo province	Houayxay District (Ban Houayxay)	6196	198000	29	LA-BK
3	Savannakhet province	Khanthaboury District (Savannakhet)	21774	1004000	45	LA-SV
4	Sekong province	La Mam District (Sekong)	7665	124000	15	LA-XE
5	Luang Prabang province	Luang Prabang (Luang Prabang)	16875	444000	26	LA-LP
6	Luang Namtha province	Namtha District (Luang Namtha)	9325	182000	19	LA-LM
7	Champasak province	Pakse District (Pakse)	15415	706000	45	LA-CH
8	Bolikhamxai province	Pakxan District (Pakxan)	14863	287000	18	LA-BL
9	Xiangkhouang province	Pek District (Phonsavan)	15880	254000	15	LA-XI
10	Phongsaly province	Phongsaly District (Phongsali)	16270	192000	11	LA-PH
11	Vientiane province	Phonhong District (Phonhong)	18526	435000	23	LA-VI
12	Salavan province	Salavan District (Salavan)	10691	410000	37	LA-SL
13	Attapeu province	Samakxixay District (Attapeu)	10320	153000	14	LA-AT
14	Khammouane province	Thakhek District (Thakhek)	16315	397000	24	LA-KH
15	Vientiane Prefecture	Vientiane	3920	836000	209	LA-VT
16	Houaphanh province	Xam Neua District (Xam Neua)	16500	302000	18	LA-HO
17	Oudomxay province	Xay District (Muang Xay)	15370	313000	20	LA-OU
18	Sainyabuli province	Xayabury District (Sainyabuli)	16389	395000	23	LA-XA

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