

S.No.	Province	Capital	Region	Area (km)	Population (2014 Census)
1	Benguela	Benguela	Central	31,788	2,231,385
2	Cabinda	Cabinda	North	7,270	716,076
3	Bengo	Caxito	Greater Luanda	15,506	356,641
4	Bié	Cuíto	Central	70,314	1,455,255
5	Lunda Norte	Dundo	East	102,783	862,566
6	Huambo	Huambo	Central	34,274	2,019,555
7	Luanda	Luanda	Greater Luanda	18,283	6,945,386
8	Huíla	Lubango	South West	75,002	2,497,422
9	Moxico	Luena	East	223,023	758,568
10	Malanje	Malanje	North	97,602	986,363
11	Zaire	M'banza-Kongo	North	40,130	594,428
12	Cuando Cubango	Menongue	East	199,049	534,002
13	Namibe	Moçâmedes	South West	58,137	495,326
14	Cuanza Norte	N'dalatando	Greater Luanda	24,190	443,386
15	Cunene	Ondjiva	South West	89,342	990,087
16	Lunda Sul	Saurimo	East	45,649	537,587
17	Cuanza Sul	Sumbe	Central	55,660	1,881,873
18	Uíge	Uíge	North	58,698	1,483,118

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