

Sl. No	Name	Name origin	Seat	Location	Area (km ²)	Year	UNESCO status
1	Babia Góra National Park	Babia Góra Massif	Zawoja	49°35'N 19°32'E / 49.583°N 19.533°E	33.92	1955(1933)	Biosphere reserve
2	Białowieża National Park	Białowieża (village) and Białowieża Forest	Białowieża	52°40'N 23°50'E / 52.667°N 23.833°E	105.02	1947(1932)	World Heritage Site, biosphere reserve
3	Biebrza National Park	Biebrza River	Osowiec-Twierdza near Goniądz	53°35'N 22°46'E / 53.583°N 22.767°E	592.23	1993	Biosphere reserve
4	Bieszczady National Park	Bieszczady Mountains	Ustrzyki Górne	49°06'N 22°40'E / 49.100°N 22.667°E	292.01	1973	Biosphere reserve
5	Tuchola Forest National Park	Tuchola (town) and Tuchola Forest	Charzykowy near Chojnice	53°36'N 18°00'E / 53.600°N 18.000°E	47.98	1996	
6	Drawno National Park	Drawno (town) and Drawa River	Drawno	53°07'N 16°15'E / 53.117°N 16.250°E	114.41	1990	
7	Gorce National Park	Gorce Mountains	Poręba Wielka	49°34'N 20°10'E / 49.567°N 20.167°E	70.29	1981	
8	Stołowe Mountains National Park	Stołowe Mountains	Kudowa-Zdrój	50°28'N 16°20'E / 50.467°N 16.333°E	63.4	1993	
9	Kampinos National Park	Kampinos (village) and Kampinos Forest	Izabelin near Warsaw	52°19'N 20°28'E / 52.317°N 20.467°E	385.44	1959	Biosphere reserve
10	Karkonosze National Park	Karkonosze (Giant Mountains)	Jelenia Góra	50°46'N 15°37'E / 50.767°N 15.617°E	55.76	1959	Biosphere reserve
11	Magura National Park	Magura Wątkowska (mountain range)	Krempna	49°31'N 21°31'E / 49.517°N 21.517°E	194.39	1995	
12	Narew National Park	Narew River	Kurowo near Kobylin-Borzemy	53°04'N 22°53'E / 53.067°N 22.883°E	68.1	1996	
13	Ojców National Park	Ojców (village)	Ojców	50°13'N 19°50'E / 50.217°N 19.833°E	21.46	1956	
14	Pieniny National Park	Pieniny Mountains	Krościenko nad Dunajcem	49°25'N 20°22'E / 49.417°N 20.367°E	23.46	1954 (1932)	
15	Polesie National Park	Polesie region	Urszulin	51°27'N 23°09'E / 51.450°N 23.150°E	97.62	1990	Biosphere reserve
16	Roztocze National Park	Roztocze (range of hills)	Zwierzyniec	50°36'N 23°01'E / 50.600°N 23.017°E	84.83	1974	
17	Słowiński National Park	Slovincian tribe	Smoldzino near Słupsk	54°40'N 17°13'E / 54.667°N 17.217°E	186	1967	Biosphere reserve
18	Świętokrzyski National Park	Święty Krzyż (Holy Cross) Mountain and the Świętokrzyskie Mountains	Bodzentyn	50°52'N 20°58'E / 50.867°N 20.967°E	76.26	1950	
19	Tatra National Park	Tatra Mountains	Zakopane	49°15'N 19°56'E / 49.250°N 19.933°E	211.64	1954 (1947)	Biosphere reserve
20	Ujście Warty National Park	Confluence of the rivers Warta and Oder	Chyrzyno near Kostrzyn nad Odrą	52°35'N 14°42'E / 52.583°N 14.700°E	80.38	2001	
21	Wielkopolska National Park	Wielkopolska (Greater Poland) region	Jezioro near Mosina	52°17'N 16°51'E / 52.283°N 16.850°E	75.84	1957	
22	Wigry National Park	Wigry Lake	Krzywe	54°02'N 23°06'E / 54.033°N 23.100°E	150.86	1989	
23	Wolin National Park	Wolin Island	Międzyzdroje	53°55'N 14°30'E / 53.917°N 14.500°E	109.37	1960	

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