

Sl. No	Name	Regions	Area	High Point	Elevation	Established
1	Abruzzo, Lazio and Molise	Abruzzo, Lazio, Molise	506.83 km <sup>2</sup> (195.69 sq mi)	Monte Petroso	2,249 m (7,379 ft)	1922
2	Alta Murgia	Apulia	677.39 km <sup>2</sup> (261.54 sq mi)	Torre Disperata	686 m (2,251 ft)	2004
3	Appennino Lucano - Val d'Agri - Lagonegrese	Basilicata	689.96 km <sup>2</sup> (266.40 sq mi)	Monte del Papa	2,005 m (6,578 ft)	
4	Appennino Tosco-Emiliano	Emilia-Romagna, Tuscany	227.92 km <sup>2</sup> (88.00 sq mi)	Monte Cusna	2,121 m (6,959 ft)	2001
5	Archipelago of La Maddalena	Sardinia	201.46 km <sup>2</sup> (77.78 sq mi)	Punta Tejalone, Caprera	212 m (696 ft)	1994
6	Tuscan Archipelago	Tuscany	746.53 km <sup>2</sup> (288.24 sq mi)	Monte Capanne on Elba in the Tuscan Archipelago	1,018 m (3,340 ft)	1996
7	Asinara	Sardinia	269.60 km <sup>2</sup> (104.09 sq mi)	Punta Scomunica	408 m (1,339 ft)	1997
8	Aspromonte	Calabria	760.53 km <sup>2</sup> (293.64 sq mi)	Montalto	1,955 m (6,414 ft)	1989
9	Cilento, Vallo di Diano, and Alburni	Campania	1,810.48 km <sup>2</sup> (699.03 sq mi)	Monte Cervati	1,898 m (6,227 ft)	1991
10	Cinque Terre	Liguria	38.60 km <sup>2</sup> (14.90 sq mi)	Monte (Mai-)Pertuso	820 m (2,690 ft)	1999
11	Circeo	Lazio	84.40 km <sup>2</sup> (32.59 sq mi)	Monte Circeo	541 m (1,775 ft)	
12	Bellunesi Dolomites	Veneto	315.12 km <sup>2</sup> (121.67 sq mi)	Monte Pavione	2,335 m (7,661 ft)	
13	Foreste Casentinesi, Monte Falterona, and Campigna	Emilia-Romagna, Tuscany	364.00 km <sup>2</sup> (140.54 sq mi)	Monte Falterona	1,645 m (5,397 ft)	
14	Gargano	Apulia	1,211.18 km <sup>2</sup> (467.64 sq mi)	Monte Calvo	1,065 m (3,494 ft)	
15	Gennargentu	Sardinia	730.00 km <sup>2</sup> (281.85 sq mi)	Punta La Marmora	1,834 m (6,017 ft)	
16	Gran Paradiso	Valle d'Aosta, Piedmont	700.00 km <sup>2</sup> (270.27 sq mi)	Gran Paradiso	4,061 m (13,323 ft)	
17	Gran Sasso and Monti della Laga	Marche, Abruzzo, Lazio	1,413.31 km <sup>2</sup> (545.68 sq mi)	Corno Grande	2,912 m (9,554 ft)	
18	Majella	Abruzzo	628.38 km <sup>2</sup> (242.62 sq mi)	Monte Amaro	2,793 m (9,163 ft)	
19	Sibillini Mountains	Marche, Umbria	697.22 km <sup>2</sup> (269.20 sq mi)	Monte Vettore	2,476 m (8,123 ft)	
20	Pollino	Basilicata, Calabria	1,711.32 km <sup>2</sup> (660.74 sq mi)	Sierra Dolcedorme	2,267 m (7,438 ft)	
21	Sila	Calabria	736.95 km <sup>2</sup> (284.54 sq mi)	Monte Botte Donato	1,928 m (6,325 ft)	
22	Stelvio	Lombardy, Trentino-Alto Adige/Südtirol	1,307.00 km <sup>2</sup> (504.64 sq mi)	Cima Ortles	3,905 m (12,812 ft)	
23	Val Grande	Piedmont	145.98 km <sup>2</sup> (56.36 sq mi)	Monte Togano	2,295 m (7,530 ft)	
24	Vesuvius	Campania	72.59 km <sup>2</sup> (28.03 sq mi)	Great Cone	1,281 m (4,203 ft)	

For more information kindly visit : [www.downloadexcelfiles.com](http://www.downloadexcelfiles.com)