

S.No.	Province	Canton	Seat/Capital	Population (2001)	Area (km2)
1	Azuay Province	Camilo Ponce Enríquez	Camilo Ponce Enríquez		
2	Azuay Province	Chordeleg	Chordeleg	10859	105
3	Azuay Province	Cuenca	Cuenca	417632	3086
4	Azuay Province	El Pan	El Pan	3075	132
5	Azuay Province	Girón	Girón	12583	347
6	Azuay Province	Guachapala	Guachapala	3125	41
7	Azuay Province	Gualaceo	Gualaceo	38587	347
8	Azuay Province	Nabón	Nabón	15121	636
9	Azuay Province	Oña	Oña	3231	295
10	Azuay Province	Paute	Paute	23106	267
11	Azuay Province	Pucará	Pucará	20382	848
12	Azuay Province	San Fernando	San Fernando	3961	142
13	Azuay Province	Santa Isabel	Santa Isabel	18015	781
14	Azuay Province	Sevilla de Oro	Sevilla de Oro	5234	314
15	Azuay Province	Sigsig	Sigsig	24635	657
16	Bolívar Province	Caluma	Caluma	11074	175
17	Bolívar Province	Chillanes	Chillanes	18685	655
18	Bolívar Province	Chimbo	Chimbo	15005	262
19	Bolívar Province	Echeandía	Echeandía	10951	230
20	Bolívar Province	Guaranda	Guaranda	81643	1888
21	Bolívar Province	Las Naves	Las Naves	5265	147
22	Bolívar Province	San Miguel	San Miguel	26747	570
23	Cañar Province	Azogues	Azogues	64910	613
24	Cañar Province	La Troncal	La Troncal	44389	613
25	Cañar Province	Biblián	Biblián	20727	227
26	Cañar Province	Cañar	Cañar	58185	1804
27	Cañar Province	Déleg	Déleg	6221	78
28	Cañar Province	El Tambo	El Tambo	8251	65
29	Cañar Province	Suscal	Suscal	4419	31
30	Carchi Province	Bolívar	Bolívar	13898	353
31	Carchi Province	Espejo	El Ángel	13515	554
32	Carchi Province	Mira	Mira	12919	588
33	Carchi Province	Montúfar	San Gabriel	28576	383
34	Carchi Province	San Pedro de Huaca	Huaca	6856	71
35	Carchi Province	Tulcán	Tulcán	77175	1801
36	Chimborazo Province	Alausí	Alausí	42823	1644
37	Chimborazo Province	Chambo	Chambo	10541	163
38	Chimborazo Province	Chunchi	Chunchi	12474	273
39	Chimborazo Province	Colta	Cajabamba (also known as Villa la Unión)	44701	829
40	Chimborazo Province	Cumandá	Cumandá	9395	159
41	Chimborazo Province	Guamote	Guamote	35210	1216
42	Chimborazo Province	Guano	Guano	37888	460
43	Chimborazo Province	Pallatanga	Pallatanga	10800	377

44	Chimborazo Province	Penipe	Penipe	6485	370
45	Chimborazo Province	Riobamba	Riobamba	193315	980
46	Cotopaxi Province	La Maná	La Maná	32115	647
47	Cotopaxi Province	Latacunga	Latacunga	143979	1377
48	Cotopaxi Province	Pangua	El Corazón	19877	715
49	Cotopaxi Province	Pujilí	Pujilí	60728	1289
50	Cotopaxi Province	Salcedo	San Miguel	51304	484
51	Cotopaxi Province	Saquisilí	Saquisilí	20815	206
52	Cotopaxi Province	Sigchos	Sigchos	20722	1267
53	El Oro Province	Arenillas	Arenillas	22477	803
54	El Oro Province	Atahualpa	Paccha	5479	278
55	El Oro Province	Balsas	Balsas	5348	69
56	El Oro Province	Chilla	Chilla	2665	328
57	El Oro Province	El Guabo	El Guabo	41078	603
58	El Oro Province	Huaquillas	Huaquillas	40285	72
59	El Oro Province	Las Lajas	La Victoria	4781	297
60	El Oro Province	Machala	Machala	217696	338
61	El Oro Province	Marcabelí	Marcabelí	4930	147
62	El Oro Province	Pasaje	Pasaje	62959	452
63	El Oro Province	Piñas	Piñas	23246	615
64	El Oro Province	Portovelo	Portovelo	11024	282
65	El Oro Province	Santa Rosa	Santa Rosa	60388	889
66	El Oro Province	Zaruma	Zaruma	23407	645
67	Esmeraldas Province	Atacames	Atacames	30267	511
68	Esmeraldas Province	Eloy Alfaro	Valdez	33403	4302
69	Esmeraldas Province	Esmeraldas	Esmeraldas	157792	1351
70	Esmeraldas Province	Muisne	Muisne	25080	1265
71	Esmeraldas Province	Quinindé	Rosa Zárate (also known as Quinindé)	88337	3855
72	Esmeraldas Province	Río Verde	Rio Verde	22164	1506
73	Esmeraldas Province	San Lorenzo	San Lorenzo	28180	3106
74	Galápagos Province	Isabela	Puerto Villamil	1619	5368
75	Galápagos Province	San Cristóbal	Puerto Baquerizo Moreno	5633	849
76	Galápagos Province	Santa Cruz	Puerto Ayora	11388	1794
77	Guayas Province	Alfredo Baquerizo Moreno (Jujan)	Alfredo Baquerizo Moreno (also known as Jujan)	19982	216
78	Guayas Province	Balao	Balao	17262	465
79	Guayas Province	Balzar (San Jacinto de Balzar)	Balzar	48470	1173
80	Guayas Province	Colimes	Colimes	21049	758
81	Guayas Province	Coronel Marcelino Maridueña	Coronel Marcelino Maridueña	11054	255
82	Guayas Province	Daule	Daule	85148	462
83	Guayas Province	Durán	Durán	178714	339

84	Guayas Province	El Empalme	El Empalme (also known as Velasco Ibarra)	64789	711
85	Guayas Province	El Triunfo	El Triunfo	34117	389
86	Guayas Province	General Antonio Elizalde (Bucay)	General Antonio Elizalde (also known as Bucay)	8696	152
87	Guayas Province	Guayaquil	Guayaquil	2039789	5237
88	Guayas Province	Isidro Ayora	Isidro Ayora	8226	492
89	Guayas Province	Lomas de Sargentillo	Lomas de Sargentillo	14194	67
90	Guayas Province	Milagro	Milagro	140103	401
91	Guayas Province	Naranjal	Naranjal	53482	2015
92	Guayas Province	Naranjito	Naranjito	31756	226
93	Guayas Province	Nobol	Nobol (also known as Narcisa de Jesús)	14753	128
94	Guayas Province	Palestina	Palestina	14067	194
95	Guayas Province	Pedro Carbo	Pedro Carbo	36711	927
96	Guayas Province	Playas (General Villamil Playas)	Playas (also known as General Villamil Playas)	30045	269
97	Guayas Province	Salitre (was Urbina Jado)	El Salitre	50379	390
98	Guayas Province	Samborondón	Samborondón	45476	388
99	Guayas Province	Santa Lucía	Santa Lucía	33868	348
100	Guayas Province	Simón Bolívar	Simón Bolívar	20385	289
101	Guayas Province	Yaguachi	Yaguachi (San Jacinto de Yaguachi)	47630	512
102	Imbabura Province	Antonio Ante	Atuntaqui	36053	81
103	Imbabura Province	Cotacachi	Cotacachi	37215	1726
104	Imbabura Province	Ibarra	Ibarra	153256	1093
105	Imbabura Province	Otavalo	Otavalo	90188	500
106	Imbabura Province	Pimampiro	Pimampiro	12951	437
107	Imbabura Province	San Miguel de Urucuquí	Urucuquí	14381	779
108	Loja Province	Calvas	Cariamanga	27604	839
109	Loja Province	Catamayo	Catamayo	27000	646
110	Loja Province	Celica	Celica	13358	518
111	Loja Province	Chaguarpamba	Chaguarpamba	7898	311
112	Loja Province	Espíndola	Amaluza (Espíndola)	15750	514
113	Loja Province	Gonzanamá	Gonzanamá	14987	693
114	Loja Province	Loja	Loja	175077	1881
115	Loja Province	Macará	Macará	18350	575
116	Loja Province	Olmedo	Olmedo	5707	112
117	Loja Province	Paltas	Catacocha	24703	1145
118	Loja Province	Pindal	Pindal	7351	200
119	Loja Province	Puyango	Alamor	15505	634
120	Loja Province	Quilanga	Quilanga	4582	235
121	Loja Province	Saraguro	Saraguro	28029	1075

122	Loja Province	Sozoranga	Sozoranga	7994	410
123	Loja Province	Zapotillo	Zapotillo	10940	1209
124	Los Ríos Province	Baba	Baba	35185	516
125	Los Ríos Province	Babahoyo	Babahoyo	132824	1076
126	Los Ríos Province	Buena Fé	San Jacinto de Buena Fe	47361	569
127	Los Ríos Province	Mocache	Mocache	33481	562
128	Los Ríos Province	Montalvo	Montalvo	20067	362
129	Los Ríos Province	Palenque	Palenque	20658	570
130	Los Ríos Province	Pueblo Viejo	Puebloviejo	29420	338
131	Los Ríos Province	Quevedo	Quevedo	139790	303
132	Los Ríos Province	Quinsaloma	Quinsaloma		
133	Los Ríos Province	Urdaneta	Catarama	25812	377
134	Los Ríos Province	Valencia	Valencia	32870	980
135	Los Ríos Province	Ventanas	Ventanas	71145	806
136	Los Ríos Province	Vinces	Vinces	61565	693
137	Manabí Province	Bolívar	Calceta	35627	537
138	Manabí Province	Chone	Chone	117634	3017
139	Manabí Province	El Carmen	El Carmen	69998	1245
140	Manabí Province	Flavio Alfaro	Flavio Alfaro	25390	1343
141	Manabí Province	Jama	Jama	20230	575
142	Manabí Province	Jaramijó	Jaramijó	11967	97
143	Manabí Province	Jipijapa	Jipijapa	65796	1401
144	Manabí Province	Junín	Junín	18491	246
145	Manabí Province	Manta	Manta	192322	309
146	Manabí Province	Montecristi	Montecristi	43400	734
147	Manabí Province	Olmedo	Olmedo	9243	253
148	Manabí Province	Paján	Paján	35952	1079
149	Manabí Province	Pedernales	Pedernales	46876	1932
150	Manabí Province	Pichincha	Pichincha	29945	1067
151	Manabí Province	Portoviejo	Portoviejo	238430	955
152	Manabí Province	Puerto López	Puerto López	16626	420
153	Manabí Province	Rocafuerte	Rocafuerte	29321	280
154	Manabí Province	San Vicente	San Vicente	19116	718
155	Manabí Province	Santa Ana	Santa Ana	45287	1022
156	Manabí Province	Sucre	Bahía de Caráquez	52158	764
157	Manabí Province	Tosagua	Tosagua	33922	377
158	Manabí Province	Veinticuatro de Mayo	Sucre	28294	524
159	Morona-Santiago Province	Gualaquiza	Gualaquiza	15288	2203
160	Morona-Santiago Province	Huamboya	Huamboya	5965	653
161	Morona-Santiago Province	Limón Indanza	General Leonidas Plaza Gutiérrez	10192	2101
162	Morona-Santiago Province	Logroño	Logroño	4621	1218

163	Morona-Santiago Province	Morona	Macas	31379	5095
164	Morona-Santiago Province	Pablo Sexto	Pablo Sexto	1188	1371
165	Morona-Santiago Province	Palora	Palora	6317	1436
166	Morona-Santiago Province	San Juan Bosco	San Juan Bosco	3131	1047
167	Morona-Santiago Province	Santiago de Méndez (Santiago)	Santiago de Méndez (Santiago)	9841	1691
168	Morona-Santiago Province	Sucúa	Sucúa	14412	893
169	Morona-Santiago Province	Taisha	Taisha	13078	6090
170	Morona-Santiago Province	Tiwintza	Santiago		
171	Napo Province	Archidona	Archidona	18551	3029
172	Napo Province	Carlos Julio Arosemena Tola	Carlos Julio Arosemena Tola	2943	501
173	Napo Province	El Chaco	El Chaco	6133	3473
174	Napo Province	Quijos	Baeza	5505	1577
175	Napo Province	Tena	Tena	46007	3904
176	Orellana Province	Aguarico	Nueva Rocafuerte	4658	11358
177	Orellana Province	Francisco de Orellana	Puerto Francisco de Orellana (also known as Coca)	42010	6995
178	Orellana Province	Joya de los Sachas	La Joya de los Sachas	26363	1195
179	Orellana Province	Loreto	Loreto	13462	2127
180	Pastaza Province	Arajuno	Arajuno	5150	8767
181	Pastaza Province	Mera	Mera	8088	520
182	Pastaza Province	Pastaza	Puyo	45512	19727
183	Pastaza Province	Santa Clara	Santa Clara	3029	311
184	Pichincha Province	Cayambe	Cayambe	69800	1189
185	Pichincha Province	Mejía	Machachi	62888	1476
186	Pichincha Province	Pedro Moncayo	Tabacundo	25594	336
187	Pichincha Province	Pedro Vicente Maldonado	Pedro Vicente Maldonado	9965	620
188	Pichincha Province	Puerto Quito	Puerto Quito	17100	683
189	Pichincha Province	Quito	Quito	1839853	4183
190	Pichincha Province	Rumiñahui	Sangolquí	65882	139
191	Pichincha Province	San Miguel de Los Bancos	San Miguel de los Bancos	10717	839
192	Santa Elena Province	La Libertad	La Libertad	77646	25
193	Santa Elena Province	Salinas	Salinas	49572	69
194	Santa Elena Province	Santa Elena	Santa Elena	111671	3669

195	Santo Domingo de los Tsáchilas Province	Santo Domingo de los Colorados (Santo Domingo)	Santo Domingo de los Colorados	287018	3805
196	Santo Domingo de los Tsáchilas Province	La Concordia	La Concordia		
197	Sucumbíos Province	Cascales	El Dorado de Cascales	7409	1248
198	Sucumbíos Province	Cuyabeno	Tarapoa	6643	3875
199	Sucumbíos Province	Gonzalo Pizarro	Lumbaqui	6964	2223
200	Sucumbíos Province	Lago Agrio	Nueva Loja (Lago Agrio)	66788	3139
201	Sucumbíos Province	Putumayo	Puerto Carmen	6171	3559
202	Sucumbíos Province	Shushufindi	Shushufindi	32184	2463
203	Sucumbíos Province	Sucumbíos	La Bonita	2836	1502
204	Tungurahua Province	Ambato	Ambato (San Juan de Ambato)	287282	1009
205	Tungurahua Province	Baños	Baños de Agua Santa (Baños de Agua Santa)	16112	1065
206	Tungurahua Province	Cevallos	Cevallos	6873	19
207	Tungurahua Province	Mocha	Mocha	6371	86
208	Tungurahua Province	Patate	Patate	11771	315
209	Tungurahua Province	Pelileo	Pelileo (San Pedro de Pelileo)	48988	202
210	Tungurahua Province	Píllaro	Píllaro (Santiago de Píllaro)	34925	443
211	Tungurahua Province	Quero	Quero (Santiago de Quero)	18187	173
212	Tungurahua Province	Tisaleo	Tisaleo	10525	59
213	Zamora-Chinchipe Province	Centinela del Cóndor	Zumbi	7230	519
214	Zamora-Chinchipe Province	Chinchipe	Zumba	8495	1194
215	Zamora-Chinchipe Province	El Pangui	El Pangui	7441	614
216	Zamora-Chinchipe Province	Nangaritza	Guayzimi (Nangaritza)	4797	2096
217	Zamora-Chinchipe Province	Palanda	Palanda	7066	1925
218	Zamora-Chinchipe Province	Paquisha	Paquisha		
219	Zamora-Chinchipe Province	Yacuambi	Yacuambi	5229	1242
220	Zamora-Chinchipe Province	Yantzaza	Yantzaza	14552	990
221	Zamora-Chinchipe Province	Zamora	Zamora	21791	1876