

SNo	Name	Regions	Area	High Point	Elevation
1	Abruzzo, Lazio e Molise	Abruzzo, Lazio, Molise	506.83 km ² (195.69 sq mi)	Monte Petroso	2,249 m (7,379 ft)
2	Alta Murgia	Puglia (Apulia)	677.39 km ² (261.54 sq mi)	Torre Disperata	686 m (2,251 ft)
3	Appennino Lucano - Val d'Agri - Lagonegrese	Basilicata	689.96 km ² (266.40 sq mi)	Monte del Papa	2,005 m (6,578 ft)
4	Appennino Tosco-Emiliano	Emilia-Romagna, Toscana	227.92 km ² (88.00 sq mi)	Monte Cusna	2,121 m (6,959 ft)
5	Arcipelago di la Maddalena	Sardegna (Sardinia)	201.46 km ² (77.78 sq mi)	Punta Tejalone, Caprera	212 m (696 ft)
6	Arcipelago Toscano	Toscana	746.53 km ² (288.24 sq mi)	Monte Capanne on Elba in the Tuscan Archipelago	1,018 m (3,340 ft)
7	Asinara	Sardegna (Sardinia)	269.60 km ² (104.09 sq mi)	Punta Scomunica	408 m (1,339 ft)
8	Aspromonte	Calabria	760.53 km ² (293.64 sq mi)	Montalto	1,955 m (6,414 ft)
9	Cilento and Vallo di Diano	Campania	1,810.48 km ² (699.03 sq mi)	Monte Cervati	1,898 m (6,227 ft)
10	Cinque Terre	Liguria	38.60 km ² (14.90 sq mi)	Monte (Mai-)Pertuso	820 m (2,690 ft)
11	Circeo	Lazio	84.40 km ² (32.59 sq mi)	Monte Circeo	541 m (1,775 ft)
12	Dolomiti Bellunesi	Veneto	315.12 km ² (121.67 sq mi)	Monte Pavione	2,335 m (7,661 ft)
13	Foreste Casentinesi, Monte Falterona, Campigna	Emilia-Romagna, Toscana	364.00 km ² (140.54 sq mi)	Monte Falterona	1,645 m (5,397 ft)
14	Gargano	Puglia (Apulia)	1,211.18 km ² (467.64 sq mi)	Monte Calvo	1,065 m (3,494 ft)
15	Gennargentu	Sardegna (Sardinia)	730.00 km ² (281.85 sq mi)	Punta La Marmora	1,834 m (6,017 ft)
16	Gran Paradiso	Valle d'Aosta, Piemonte	700.00 km ² (270.27 sq mi)	Gran Paradiso	4,061 m (13,323 ft)
17	Gran Sasso e Monti della Laga	Marche, Abruzzo, Lazio	1,413.31 km ² (545.68 sq mi)	Corno Grande	2,912 m (9,554 ft)
18	Majella	Abruzzo	628.38 km ² (242.62 sq mi)	Monte Amaro	2,793 m (9,163 ft)
19	Monti Sibillini	Marche, Umbria	697.22 km ² (269.20 sq mi)	Monte Vettore	2,476 m (8,123 ft)
20	Pollino	Basilicata, Calabria	1,711.32 km ² (660.74 sq mi)	Sierra Dolcedorme	2,267 m (7,438 ft)

21	Sila	Calabria	736.95 km (284.54 sq mi)	Monte Botte Donato	1,928 m (6,325 ft)
22	Stelvio	Lombardia, Trentino- Alto Adige/Südtirol	1,307.00 km ² (504.64 sq mi)	Cima Ortles	3,905 m (12,812 ft)
23	Val Grande	Piemonte	145.98 km ² (56.36 sq mi)	Monte Togano	2,295 m (7,530 ft)
24	Vesuvius	Campania	72.59 km ² (28.03 sq mi)	Great Cone	1,281 m (4,203 ft)

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