

SNo	District	Capital	Area (km²)	Population (2007 census)
1	Hhohho	Mbabane	3,625.17	282,734
2	Lubombo	Siteki	5,849.11	207,731
3	Manzini	Manzini	4,093.59	319,530
4	Shiselweni	Nhlangano	3,786.71	208,454

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Original source : en.wikipedia.org/wiki/Districts_of_Swaziland