

Balochistan

SNo	District	Headquarters	Area (km ²)	Population (1998)	Density (people/km ²)
1	Awaran	Awaran	29,510	118,173	4
2	Barkhan	Barkhan	3,514	103,545	29
3	Kachi (Bolan)	Dhadar	7,499	288,056	38
4	Chagai	Chagai	44,748	300,000	7
5	Dera Bugti	Dera Bugti	10,160	181,310	18
6	Gwadar	Gwadar	12,637	185,498	15
7	Harnai	Harnai	4,096	140,000	19
8	Jafarabad	Dera Allahyar	2,445	432,817	177
9	Jhal Magsi	Jhal Magsi	3,615	109,941	30
10	Kalat	Kalat	6,622	237,834	36
11	Kech (Turbat)	Turbat	22,539	413,204	18
12	Kharan	Kharan	8958	132,500	4
13	Kohlu	Kohlu	7,610	99,846	13
14	Khuzdar	Khuzdar	35,380	417,466	12
15	Killa Abdullah	Killa Abdullah	3,293	370,269	112
16	Killa Saifullah	Killa Saifullah	6,831	193,553	28
17	Lasbela	Uthal	15,153	312,695	21
18	Loralai	Loralai	9,830	295,555	30
19	Mastung	Mastung	5,896	179,784	30
20	Musakhel	Musa Khel Bazar	5,728	134,056	23
21	Nasirabad	Dera Murad Jamali	3,387	245,894	73
22	Nushki	Nushki	5,797	137,500	23
23	Panjgur	Panjgur	16,891	234,051	14
24	Pishin	Pishin	7,819	367,183	47
25	Quetta	Quetta	2,653	744,802	281
26	Sherani	Sherani			
27	Sibi	Sibi	7,796	180,398	23
28	Washuk	Washuk	29,510	118,171	4.0
29	Zhob	Zhob	20,297	275,142	14
30	Ziarat	Ziarat	1,489	33,340	22
31	Lehri (not on the map)	Bakhtiarabad	9,830	295,555	30
32	Sohbatpur (not on the map)	Sohbatpur	7,796	180,398	23

Khyber Pakhtunkhwa

SNo	District	Headquarters	Area (km ²)	Population (1998)	Density (people/km ²)
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1	Abbottabad	Abbottabad	1,967	880,666	448
2	Bannu	Bannu	1,227	675,667	551
3	Battagram	Battagram	1,301	307,278	236
4	Buner	Daggar	1,865	506,048	271
5	Charsadda	Charsadda	996	1,022,364	1,026
6	Chitral	Chitral	14,850	318,689	21
7	Dera Ismail Khan	Dera Ismail Khan	7,326	852,995	116
8	Hangu	Hangu	1,097	314,529	287
9	Haripur	Haripur	1,725	692,228	401
10	Karak	Karak	3,372	430,796	128
11	Kohat	Kohat	2,545	562,644	221
12	Kohistan	Dassu	7,492	472,570	63
13	Lakki Marwat	Lakki Marwat	3,164	490,025	155
14	Lower Dir	Timergara	1,582	717,649	454
15	Malakand	Batkhela	952	452,291	475
16	Mansehra	Mansehra	4,579	1,152,839	252
17	Mardan	Mardan	1,632	1,460,100	895
18	Nowshera	Nowshera	1,748	874,373	500
19	Peshawar	Peshawar	1,257	2,019,118	1,606
20	Shangla	Alpuri	1,586	434,563	274
21	Swabi	Swabi	1,543	1,026,804	665
22	Swat	Saidu Sharif	5,337	1,257,602	290
23	Tank	Tank	1,679	238,216	142
24	Tor Ghar	Tor Ghar	497	185,000	372
25	Upper Dir	Dir	3,699	575,858	156

Punjab

SNo	District	Headquarters	Area (km ²)	Population (1998)	Density (people/km ²)
1	Attock	Attock	6,858	1,274,935	186
2	Bahawalnagar	Bahawalnagar	8,878	2,061,447	232
3	Bahawalpur	Bahawalpur	24,830	2,433,091	98
4	Bhakkar	Bhakkar	8,153	1,051,456	129
5	Chakwal	Chakwal	6,524	1,083,725	166
6	Chiniot	Chiniot		965,124	
7	Dera Ghazi Khan	Dera Ghazi Khan	11,922	2,643,118	238
8	Faisalabad	Faisalabad	5,856	5,429,547	927
9	Gujranwala	Gujranwala	3,622	3,400,940	939
10	Gujrat	Gujrat	3,192	2,048,008	642
11	Hafizabad	Hafizabad	2,367	832,980	352
12	Jhang	Jhang	8,809	2,834,546	322

13	Jhelum	Jhelum	3,587	936,957	261
14	Kasur	Kasur	3,995	2,375,875	595
15	Khanewal	Khanewal	4,349	2,068,490	476
16	Khushab	Khushab	6,511	1,205,460	185
17	Lahore	Lahore	1,772	6,318,745	3,566
18	Layyah	Layyah	6,291	1,120,951	178
19	Lodhran	Lodhran	2,778	1,171,800	422
20	Mandi Bahauddin	Mandi Bahauddin	2,673	1,160,552	434
21	Mianwali	Mianwali	5,840	1,056,620	181
22	Multan	Multan	3,720	3,116,851	838
23	Muzaffargarh	Muzaffargarh	8,249	2,635,903	320
24	Narowal	Narowal	2,337	1,265,097	541
25	Nankana Sahib	Nankana Sahib	2,960	1,410,000	
26	Okara	Okara	4,377	2,232,992	510
27	Pakpattan	Pakpattan	2,724	1,286,680	472
28	Rahim Yar Khan	Rahim Yar Khan	11,880	3,141,053	264
29	Rajanpur	Rajanpur	12,319	1,103,618	90
30	Rawalpindi	Rawalpindi	5,286	3,363,911	636
31	Sahiwal	Sahiwal	3,201	1,843,194	576
32	Sargodha	Sargodha	5,854	2,665,979	455
33	Sheikhupura	Sheikhupura	5,960	3,321,029	557
34	Sialkot	Sialkot	3,016	2,723,481	903
35	Toba Tek Singh	Toba Tek Singh	3,252	1,621,593	499
36	Vehari	Vehari	4,364	2,090,416	479

Sindh

SNo	District	Headquarters	Area (km ²)	Population (in 2012)	Density (people/km ²)
1	Badin	Badin	6,726	1,136,044	169
2	Dadu	Dadu	19,070	1,688,811	89
3	Ghotki	Mirpur Mathelo	6,083	970,549	160
4	Hyderabad	Hyderabad	5,519	1,565,000	524
5	Jacobabad	Jacobabad	5,278	1,425,572	270
6	Jamshoro	Jamshoro			
7	KARACHI (East, West, South, Central, Malir, Korangi)	Karachi	3,527	13,215,631	2,795
8	Kashmore	Kashmore	2,592	662,462	255
9	Khairpur	Khairpur	15,910	1,546,587	97
10	Larkana	Larkana	7,423	1,927,066	260

11	Matiari	Matiari	1,417	515,331	364
12	Mirpurkhas	Mirpur Khas	2,925	1,569,030	536
13	Naushahro Firoze	Naushahro Feroze	2,945	1,087,571	369
14	Shaheed Benazirabad	Nawabshah	4,502	1,071,533	238
15	Kambar Shahdadkot	Kambar			
16	Sanghar	Sanghar	10,720	1,453,028	135
17	Sujawal	Sujawal	-	-	-
18	Shikarpur	Shikarpur	2,512	890,438	350
19	Sukkur	Sukkur	5,165	908,373	176
20	Tando Allahyar	Tando Allahyar	2,310	550,000	238
21	Tando Muhammad Khan	Tando Muhammad Khan	1,733	447,215	257
22	Tharparkar	Mithi	19,638	914,291	47
23	Thatta	Thatta	17,355	1,113,194	64
24	Umerkot	Umerkot		663,100	

Federally Administered Tribal Areas

SNo	Agency	Headquarters	Area (km ²)	Population (1998)	Density (people/km ²)
1	Bajaur Agency	Khar	1,290	595,227	461
2	Khyber Agency	Landi Kotal	2,576	546,730	212
3	Kurram Agency	Parachinar	3,380	448,310	133
4	Mohmand Agency	Ghalanai	2,296	334,453	146
5	North Waziristan Agency	Miranshah	4,707	361,246	77
6	Orakzai Agency	Kalaya	1,538	225,441	147
7	South Waziristan Agency	Wana	6,620	429,841	65
8	FR Bannu	Bannu	745	19,593	26
9	FR Dera Ismail Khan	Dera Ismail Khan	2,008	38,990	19
10	FR Kohat	Kohat	446	88,456	198
11	FR Lakki Marwat	Lakki Marwat	132	6,987	53
12	FR Peshawar	Peshawar	261	53,841	206
13	FR Tank	Tank, Pakistan	1,221	27,216	22

Azad Jammu and Kashmir

SNo	District	Headquarters	Area (km ²)	Population (1998)	Density (people/km ²)
1	Muzaffarabad	Muzaffarabad	2,496	615,000	375
2	Hattian	Hattian Bala	854	225,000	263
3	Neelum	Athmuqam	3,621	171,000	47
4	Mirpur	Mirpur	1,010	419,000	415

5	Bhimber	Bhimber	1,516	401,000	265
6	Kotli	Kotli	1,862	746,000	401
7	Poonch	Rawalakot	855	524,000	613
8	Bagh	Bagh	1,368	351,000	456
9	Haveli	Forward Kahuta	598	138,000	231
10	Sudhnati	Pallandari	569	278,000	489

Gilgit-Baltistan

SNo	District	Capital	Area (km ²)	Population (1998)
1	Astore	Eidgah	8,657	71,666
2	Diamer	Chilas	10,936	131,925
3	Ghizer	Gakuch	9,635	120,218
4	Ghanche	Khaplu	6,400	88,366
5	Gilgit	Gilgit	1155	243,324
6	Hunza-Nagar	Aliabad	25,145	165,355
7	Roundu	Thower	45,145	150,355
8	Skardu	Skardu	15,000	214,848
9	Shigar	Shigar	15,000	214,848

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