

SNo	City/Town	Pop. 1990 (census)	Pop. 2009 (est.)	Island
1	Nassau	172,196	238,132	New Providence
2	Freeport	35,650	47,085	Grand Bahama
3	West End	10,535	13,004	Grand Bahama
4	Coopers Town	5,700	9,069	Abaco
5	Marsh Harbour	3,600	5,728	Abaco
6	Freetown	3,210	4,222	Eleuthera
7	High Rock	n/a	3,827	Grand Bahama
8	Andros Town	2,730	2,318	Andros
9	Spanish Wells	1,372	1,805	Eleuthera
10	Clarence Town	1,740	1,705	Long Island
11	Dunmore Town	1,200	1,578	Eleuthera
12	Rock Sound	1,100	1,447	Eleuthera
13	Arthur's Town	1,350	1,216	Cat Island
14	Cockburn Town	300	1,045	San Salvador
15	George Town	1,080	1,038	Exuma and Cays
16	Alice Town	900	936	Biminis
17	Sweeting Cay	400	494	Grand Bahama
18	Matthew Town	470	435	Inagua Islands
19	Snug Corner	380	402	Acklins Island
20	Great Harbour	320	383	Berry Islands
21	Nicholls Town	n/a	255	Andros
22	Colonel Hill	290	224	Crooked Island
23	Pirates Well	270	201	Mayaguana
24	Port Nelson	50	103	Rum Cay
25	Duncan Town	89	63	Ragged Island
26	Albert Town	30	23	Crooked Island

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Original source : en.wikipedia.org/wiki/List_of_cities_in_the_Bahamas