

<b>SNo</b>	<b>Name</b>	<b>1989 census</b>	<b>2000 census</b>	<b>2007 estimate</b>	<b>Administrative division</b>	<b>District</b>
1.	Dushanb	595,820	562,000	679,400	Dushanbe	Capital district
2.	Khujand	160,458	149,000	155,900	Sughd	Khujand City
3.	Kulob	74,456	78,000	93,900	Khatlon	Kulob City
4.	Qurghonteppa	58,505	60,000	71,000	Khatlon	Qurghonteppa City
5.	Istaravsha	45,763	51,000	60,200	Sughd	Istaravshan City
6.	Vahdat	45,731	44,000	49,100	RRS	Vahdat City
7.	Konibodom	37,841	45,000	47,100	Sughd	Konibodom City
8.	Tursunzoda	40,593	39,000	44,200	RRS	Tursunzoda City
9.	Isfara	34,524	37,000	40,600	Sughd	Isfara City
10.	Panjakent	27,903	33,000	35,900	Sughd	Panjakent City
11.	Khorugh	20,318	28,000	29,000	GBAO	Khorugh City
12.	Yovon	20,148	20,000	25,800	Khatlon	Yovon district
13.	Hisor	20,220	20,000	23,200	RRS	Hisor district
14.	Nurak	20,752	19,000	22,800	Khatlon	Norak City
15.	Parkhar	17,915	20,000	22,400	Khatlon	Farkhor district
16.	Vose'	14,989	20,000	22,300	Khatlon	Vose' district
17.	Chkalovsk	33,731	22,000	22,200	Sughd	Chkalovsk Hukumat
18.	Moskovskiy (Moskva)	16,756	n/a	20,700	Khatlon	Hamadoni district
19.	Danghara	16,898	n/a	20,600	Khatlon	Danghara district
20.	Somoniyon	16,623	n/a	18,600	RRS	Rudaki district
21.	Ghafurov	18,916	15,000	15,700	Sughd	Ghafurov district
22.	Zafarobod	11,191	n/a	14,900	Sughd	Zafarobod district
23.	Kolkhozobod	13,354	n/a	14,900	Khatlon	Rumi district
24.	Nov (Nau)	13,863	13,000	14,300	Sughd	Spitamen district
25.	Proletarsk	15,104	13,000	13,900	Sughd	Rasulov district
26.	Shaartuz	11,618	12,000	13,500	Khatlon	Shahrtuz district
27.	Shaydon	9,605	11,000	13,100	Sughd	Asht district
28.	Taboshar	20,166	12,000	12,800	Sughd	Taboshar City
29.	Adrasmon	11,298	n/a	12,700	Sughd	Qayraqqum Hukumat
30.	Qayroqqum	12,819	10,000	12,500	Sughd	Qayraqqum Hukumat
31.	Leningradskiy	9,764	11,000	12,500	Khatlon	Muminobod district
32.	Vakhsh	10,587	n/a	12,300	Khatlon	Vakhsh district
33.	Dusti	8,886	6,000	12,300	Khatlon	Qumsangir district
34.	Buston	12,178	n/a	11,600	Sughd	Mastchoh district
35.	Sarband	14,006	11,000	13,000	Khatlon	Sarband City
36.	Kuybyshevsk	9,704	9,000	10,600	Khatlon	Jomi district
37.	Sharora	n/a	9,000	10,000	RRS	Hisor district

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