

SNo	City	Population	Province
1	Panama City	880,691	Panama
2	San Miguelito	315,019	Panama
3	Tocumen	103,177	Panama
4	David	89,442	Chiriqui
5	Las Cumbres	89,000	Panama
6	Colon	78,000	Colon
7	La Chorrera	68,896	Panama
8	Pacora	52,494	Panama
9	Santiago de Veraguas	50,877	Veraguas
10	Chitre	46,191	Herrera
11	Arraijan	41,041	Panama
12	Vista Alegre	41,000	Panama
13	Chilibre	37,340	Panama
14	Cativa	34,500	Panama
15	Nuevo Arraijan	27,000	Panama
16	Changuinola	24,420	Bocas del Toro
17	Alcalde Diaz	22,000	Panama
18	Penonome	21,748	Cocle
19	La Cabima	21,200	Panama
20	Puerto Armuelles	19,753	Chiriqui

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Original source : en.wikipedia.org/wiki/List_of_cities_in_Panama