

SNo	City	Population	Census date	Rank	Province
1	Maputo	1,766,184	2007	1	Maputo City
2	Matola	675,422	2007	2	Maputo Province
3	Beira	546,000	2006	3	Sofala Province
4	Nampula	477,900	2007	4	Nampula Province
5	Chimoio	238,976	2007	5	Manica Province
6	Nacala	207,894	2007	6	Nampula Province
7	Quelimane	192,876	2007	7	Zambezia Province
8	Tete	155,909	2007	8	Tete Province
9	Lichinga	142,253	2007	9	Niassa Province
10	Pemba	141,316	2007	10	Cabo Delgado Province
11	Gurue	116,922	2008	11	Zambezia
12	Xai-Xai	116,343	2007	12	Gaza Province
13	Maxixe	105,895	2007	13	Inhambane Province
14	Cuamba	95,084	2007	14	Niassa Province

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Original source : en.wikipedia.org/wiki/List_of_cities_in_Mozambique_by_population