

SNo	City/Town	Population	Rank	Department
1	Tegucigalpa	1,086,641	1	Francisco Morazan
2	San Pedro Sula	638,259	2	Cortes
3	Choloma	222,828	3	Cortes
4	La Ceiba	174,006	4	Atlantida
5	El Progreso	131,125	5	Yoro
6	Choluteca	93,598	6	Choluteca
7	Comayagua	75,281	7	Comayagua
8	Puerto Cortes	60,751	8	Cortes
9	La Lima	59,030	9	Cortes
10	Danli	56,968	10	El Paraiso
11	Siquatepeque	55,490	11	Comayagua
12	Catacamas	44,198	12	Olancho
13	Juticalpa	44,183	13	Olancho
14	Tocoa	43,217	14	Colon
15	Villanueva	41,956	15	Cortes
16	Tela	35,178	16	Atlantida
17	Olanchito	35,110	17	Yoro
18	Santa Rosa de Copan	34,390	18	Copan
19	San Lorenzo	27,842	19	Valle
20	Cofradia	18,011	20	Cortes
21	El Paraiso	17,412	21	El Paraiso
22	La Paz	15,889	22	La Paz
23	Yoro	14,069	23	Yoro
24	La Entrada	13,949	24	Copan
25	Potreriillos	13,900	25	Cortes
26	Santa Barbara	13,896	26	Santa Barbara
27	Talanga	13,533	27	Francisco Morazan
28	Nacaome	12,972	28	Valle
29	Santa Rita	12,111	29	Yoro
30	Intibuca	11,995	30	Intibuca
31	Guaimaca	11,101	31	Francisco Morazan
32	Morazan	10,205	32	Yoro
33	Trujillo	8,541	33	Colon
34	Nueva Ocotepeque	8,297	34	Ocotepeque
35	Gracias	6,716	35	Lempira
36	Coxen Hole (Roatan)	6,498	36	Bay Islands
37	La Esperanza	4,978	37	Intibuca
38	Puerto Lempira	3,955	38	Gracias a Dios

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