

SNo	Name	Population (latest est.)
1	Kabul	3,289,000
2	Kandahar	491,500
3	Herat	436,300
4	Mazar-i-Sharif	368,100
5	Kunduz	304,600
6	Taloqan	219,000
7	Jalalabad	206,500
8	Puli Khumri	203,600
9	Charikar	171,200
10	Sheberghan	161,700
11	Ghazni	157,600
12	Sar-e Pol	150,700
13	Khost	133,700
14	Chaghcharan	131,800
15	Mihtarlam	126,000
16	Farah	108,400
17	Pul-i-Alam	102,700
18	Samangan	100,500
19	Lashkar Gah	100,200

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Original source : en.wikipedia.org/wiki/List_of_cities_in_Afghanistan