

Nama region dan territorial dengan bendera	Luas (km <sup>2</sup> )	Populasi (perkiraan 1 Juli 2008)	Kepadatan Penduduk (per km <sup>2</sup> )	Ibu kota
<b>Asia Tengah:</b>				
Kazakhstan	2,724,927	15,666,533	5.7	Astana
Kirgizstan	198,500	5,356,869	24.3	Bishkek
Tajikistan	143,100	7,211,884	47.0	Dushanbe
Turkmenistan	488,100	5,179,573	9.6	Ashgabat
Uzbekistan	447,400	28,268,441	57.1	Tashkent
<b>Asia Timur:</b>				
China	9,584,492	1,322,044,605	134.0	Beijing
Hong Kong	1,092	7,903,334	6,688.0	Hongkong
Jepang	377,835	127,288,628	336.1	Tokyo
Republik Cina (Taiwan)	35,980	22,920,946	626.7	Taipei
Makau	25	460,823	18,473.3	Macau
Mongolia	1,565,000	2,996,082	1.7	Ulan Bator
Korea Selatan	98,480	49,232,844	490.7	Seoul
Korea Utara	120,540	23,479,095	184.4	Pyongyang
<b>Asia Utara:</b>				
Rusia	17,075,400	142,200,000	26.8	Moscow
<b>Asia Tenggara:</b>				
Brunei Darussalam	5,770	381,371	60.8	Bandar Seri Begawan
Kamboja	181,035	13,388,910	74	Phnom Penh
Indonesia	1,419,588	237,512,355	159.9	Jakarta
Laos	236,800	6,677,534	24.4	Vientiane
Malaysia	329,847	27,780,000	84.2	Kuala Lumpur
Myanmar	678,500	47,758,224	62.3	Yangon
Filipina	300,000	92,681,453	281.8	Manila
Singapura	704	4,608,167	6,369.0	Singapura
Thailand	514,000	65,493,298	121.3	Bangkok
Timor Leste	15,007	1,108,777	63.5	Dhili
Vietnam	331,690	86,116,559	246.1	Hanoi
<b>Asia Selatan:</b>				
Afghanistan	647,500	32,738,775	42.9	Kabul
Bangladesh	144,000	153,546,901	926.2	Dhaka
Bhutan	47,000	682,321	14.3	Thimphu
India	3,167,590	1,147,995,226	318.2	New Delhi
Maladewa	300	379,174	1,067.2	Malé
Nepal	140,800	29,519,114	183.8	Kathmandu
Pakistan	803,940	167,762,049	183.7	Islamabad
Sri Lanka	65,610	21,128,773	298.4	Kolombo

<b>Asia Barat:</b>				
Arab Saudi	1,960,582	23,513,330	12.0	Riyadh
Armenia	29,800	2,968,586	111.7	Yerevan
Azerbaijan	46,870	3,845,127	82.0	Baku
Bahrain	665	718,306	987.1	Manama
Georgia	20,460	4,630,841	99.3	Tbilisi
Iran	1,648,195	65,875,223	42	Tehran
Irak	437,072	28,221,181	54.9	Baghdad
Israel	20,770	7,112,359	290.3	Jerusalem
Kuwait	17,820	2,596,561	118.5	Kuwait City
Lebanon	10,452	3,971,941	353.6	Beirut
Oman	212,460	3,311,640	12.8	Muscat
Palestina	363	1,537,269	3,315.7	Gaza
Qatar	11,437	928,635	69.4	Doha
Siprus	9,250	792,604	83.9	Nicosia
Suriah	185,180	19,747,586	92.6	Damaskus
Turki	756,768	71,892,807	76.5	Ankara
Uni Emirat Arab	82,880	4,621,399	29.5	Abu Dhabi
Yaman	527,970	23,013,376	35.4	Sanaá
Yordania	92,300	6,198,677	57.5	Amman
Total	43,810,582	4,050,404,193	89.07	

Untuk format lain kunjungi : [www.downloadexcelfiles.com](http://www.downloadexcelfiles.com)

sumber asli : [id.wikipedia.org/wiki/Asia](http://id.wikipedia.org/wiki/Asia)